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tot	n/anno	data	località	tipo	tempo	km
001	01	11.10.1996	CARPI (MO)	maratona	03:18:15	42,195
002	01	29.03.1998	PIACENZA	maratona	02:57:59	42,195
003	02	23.05.1998	LANZAROTE	ironman	04:13:46	42,195
004	03	19.07.1998	KLAGENFURT	ironman	04:02:11	42,195
005	04	06.09.1998	MERGOZZO	ironman	03:52:12	42,195
006	05	01.11.1998	CALDERARA DI RENO (BO)	maratona	03:05:41	42,195
007	01	05.04.1999	ROMANO DI L. (BG) (50 KM)	ultra	03:37:59	50,000
008	02	22.05.1999	LANZAROTE	ironman	04:22:13	42,195
009	03	18.07.1999	KLAGENFURT	ironman	03:56:05	42,195
010	04	08.08.1999	LINZ	ironman	03:58:34	42,195
011	05	29.08.1999	MERGOZZO	ironman	03:32:28	42,195
012	06	26.09.1999	GENOVA	maratona	02:56:10	42,195
013	07	10.10.1999	IBIZA	ironman	04:05:14	42,195
014	08	30.10.1999	CALDERARA DI RENO (BO)	maratona	02:56:54	42,195
015	09	12.12.1999	REGGIO EMILIA	maratona	02:54:25	42,195
016	01	13.02.2000	SALSOMAGGIORE T. (PR)	maratona	02:49:43	42,195
017	02	05.03.2000	PIACENZA	maratona	02:49:07	42,195
018	03	26.03.2000	COMO	maratona	02:50:28	42,195
019	04	25.04.2000	NOVI LIGURE (AL)	maratona	02:50:16	42,195
020	05	20.05.2000	LANZAROTE	ironman	04:05:19	42,195
021	06	11.06.2000	LECCO - CASSANO (50 KM)	ultra	03:22:35	50,000
022	07	09.07.2000	ROTH	ironman	04:18:59	42,195
023	08	23.07.2000	KLAGENFURT	ironman	03:53:44	42,195
024	09	06.08.2000	ZURIGO	ironman	03:50:17	42,195
025	10	03.09.2000	MERGOZZO	ironman	03:54:31	42,195
026	11	08.10.2000	CESANO BOSCONI (MI)	maratona	02:54:41	42,195
027	12	29.10.2000	CALDERARA DI RENO (BO)	maratona	02:57:43	42,195
028	13	12.11.2000	TENERO (SUI)	maratona	02:53:20	42,195
029	14	03.12.2000	MILANO	maratona	02:52:38	42,195
030	15	10.12.2000	REGGIO EMILIA	maratona	02:52:42	42,195
031	16	31.12.2000	ASSISI (PG)	maratona	02:58:32	42,195
032	01	11.02.2001	GENOVA	maratona	02:48:47	42,195
033	02	25.02.2001	SALSOMAGGIORE T. (PR)	maratona	02:46:38	42,195
034	03	04.03.2001	PIACENZA	maratona	02:48:46	42,195
035	04	01.04.2001	RUSSI (RA)	maratona	02:48:16	42,195
036	05	22.04.2001	BERGAMO	maratona	02:48:18	42,195
037	06	26.05.2001	LANZAROTE	ironman	03:44:11	42,195
038	07	10.06.2001	LECCO - CASSANO (50 KM)	ultra	03:13:17	50,000
039	08	08.07.2001	ROTH	ironman	03:56:25	42,195
040	09	15.07.2001	KLAGENFURT	ironman	03:41:31	42,195
041	10	05.08.2001	ZURIGO	ironman	03:33:23	42,195
042	11	07.10.2001	BOLOGNA-SAVIGNO-ZOCCA	ultra	03:55:46	50,000
043	12	21.10.2001	ALESSANDRIA	maratona	02:49:50	42,195
044	13	28.10.2001	CALDERARA DI RENO (BO)	maratona	02:48:06	42,195
045	14	11.11.2001	TENERO (SUI)	maratona	02:46:33	42,195
046	15	02.12.2001	MILANO	maratona	02:47:30	42,195
047	16	16.12.2001	REGGIO EMILIA	maratona	02:48:07	42,195
048	17	31.12.2001	CALDERARA DI RENO (BO)	maratona	02:52:15	42,195
049	01	24.02.2002	SALSOMAGGIORE T. (PR)	maratona	03:06:10	42,195
050	02	03.03.2002	PIACENZA	maratona	02:48:59	42,195
051	03	25.05.2002	LANZAROTE	ironman	03:41:37	42,195
052	04	09.06.2002	LECCO - CASSANO (50 KM)	ultra	03:25:00	50,000
053	05	22.06.2002	GERARDMER	ironman	03:49:19	42,195
054	06	23.07.2002	KLAGENFURT	ironman	03:30:36	42,195
055	07	05.08.2002	ZURIGO	ironman	03:44:42	42,195
056	08	18.08.2002	FRANCOFORTE	ironman	03:36:03	42,195
057	09	06.10.2002	BOLOGNA-SAVIGNO-ZOCCA	ultra	03:30:32	50,000
058	10	20.10.2002	ALESSANDRIA	maratona	02:47:21	42,195
059	11	27.10.2002	CALDERARA DI RENO (BO)	maratona	02:46:15	42,195

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tot	n/anno	data	località	tipo	tempo	km
060	12	10.11.2002	TENERO (SUI)	maratona	02:47:43	42,195
061	13	01.12.2002	MILANO	maratona	02:44:34	42,195
062	14	15.12.2002	REGGIO EMILIA	maratona	02:43:37	42,195
063	15	31.12.2002	CALDERARA DI RENO (BO)	maratona	02:47:25	42,195
064	01	23.02.2003	SALSOMAGGIORE T. (PR)	maratona	02:41:20	42,195
065	02	09.03.2003	PIACENZA	maratona	02:48:18	42,195
066	03	17.05.2003	LANZAROTE	ironman	03:34:29	42,195
067	04	08.06.2003	LECCO - CASSANO (50 KM)	ultra	03:16:10	50,000
068	05	21.06.2003	GERARDMER	ironman	03:33:11	42,195
069	06	06.07.2003	KLAGENFURT	ironman	03:16:34	42,195
070	07	27.07.2003	ZURIGO	ironman	03:33:19	42,195
071	08	15.08.2003	EMBRUN MAN	ironman	03:40:22	42,195
072	09	05.10.2003	BOLOGNA-SAVIGNO-ZOCCA	ultra	03:33:27	50,000
073	10	19.10.2003	ALESSANDRIA	maratona	02:44:47	42,195
074	11	02.11.2003	CALDERARA DI RENO (BO)	maratona	02:45:40	42,195
075	12	09.11.2003	TENERO (SUI)	maratona	02:46:12	42,195
076	13	30.11.2003	MILANO	maratona	02:44:55	42,195
077	14	14.12.2003	REGGIO EMILIA	maratona	02:44:02	42,195
078	15	31.12.2003	CALDERARA DI RENO (BO)	maratona	02:41:44	42,195
079	01	22.02.2004	GENOVA	maratona	02:52:09	42,195
080	02	29.02.2004	SALSOMAGGIORE T. (PR)	maratona	02:46:11	42,195
081	03	22.05.2004	LANZAROTE	ironman	03:32:31	42,195
082	04	13.06.2004	LECCO - CASSANO (50 KM)	ultra	03:14:49	50,000
083	05	27.06.2004	GERARDMER	ironman	03:31:08	42,195
084	06	04.07.2004	KLAGENFURT	ironman	03:22:36	42,195
085	07	25.07.2004	ZURIGO	ironman	03:24:06	42,195
086	08	21.08.2004	extreme MAN	ironman	03:29:50	42,195
087	09	03.10.2004	BOLOGNA-SAVIGNO-ZOCCA	ultra	03:31:52	50,000
088	10	17.10.2004	ALESSANDRIA	maratona	02:48:45	42,195
089	01	27.02.2005	SALSOMAGGIORE T. (PR)	maratona	02:46:55	42,195
090	02	21.05.2005	LANZAROTE	ironman	03:44:08	42,195
091	03	19.06.2005	NIZZA	ironman	03:32:50	42,195
092	04	03.07.2005	ROTH	ironman	03:31:04	42,195
093	05	21.07.2005	ZURIGO	ironman	03:28:30	42,195
094	06	04.09.2005	BODENSEE-TRI	ironman	03:14:55	42,195
095	07	02.10.2005	ELBAMAN	ironman	03:18:54	42,195
096	08	23.10.2005	ALESSANDRIA	maratona	02:45:01	42,195
097	09	06.11.2005	CALDERARA DI RENO (BO)	maratona	02:46:03	42,195
098	10	13.11.2005	TENERO (SUI)	maratona	02:43:57	42,195
099	11	04.12.2005	MILANO	maratona	02:45:49	42,195
100	12	11.12.2005	REGGIO EMILIA	maratona	02:45:37	42,195
101	01	26.02.2006	SALSOMAGGIORE T. (PR)	maratona	02:50:28	42,195
102	02	20.05.2006	LANZAROTE	ironman	03:38:07	42,195
103	03	18.06.2006	IRON SAPIN	ironman	03:53:56	42,195
104	04	02.07.2006	ZURIGO	ironman	03:38:00	42,195
105	05	18.08.2006	FRANCOFORTE	ironman	03:39:30	42,195
106	06	10.09.2006	BODENSEE-TRI	ironman	03:29:21	42,195
107	07	01.10.2006	ELBAMAN	ironman	07:48:48	42,195
108	08	12.11.2006	TENERO (SUI)	maratona	02:57:07	42,195
109	09	10.12.2006	REGGIO EMILIA	maratona	02:46:33	42,195
110	10	31.12.2006	CALDERARA DI RENO (BO)	maratona	02:45:35	42,195
111	01	06.01.2007	RONCOLA DI TREVIOLO (BG)	maratona	02:48:05	42,195
112	02	25.02.2007	SALSOMAGGIORE T. (PR)	maratona	02:43:06	42,195
113	03	11.03.2007	FERRARA	maratona	02:47:08	42,195
114	04	19.05.2007	LANZAROTE	ironman	03:40:00	42,195
115	05	24.06.2007	ZURIGO	ironman	03:26:58	42,195
116	06	08.07.2007	KLAGENFURT	ironman	03:37:48	42,195
117	07	09.09.2007	BODENSEE-TRI	ironman	03:29:35	42,195
118	08	30.09.2007	ELBAMAN	ironman	03:31:31	42,195

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tot	n/anno	data	località	tipo	tempo	km
119	09	21.10.2007	ALESSANDRIA	maratona	02:51:15	42,195
120	10	10.11.2007	ULTRAMARATONA ETRUSCHI	ultra	09:45:14	100,000
121	11	02.12.2007	MILANO	maratona	02:57:22	42,195
122	12	31.12.2007	CALDERARA DI RENO (BO)	maratona	02:52:08	42,195
123	01	24.02.2008	SALSOMAGGIORE T. (PR)	maratona	02:55:58	42,195
124	02	16.03.2008	LECCO	maratona	02:49:23	42,195
125	03	19.04.2008	5^ 6 ore BERGAMASCA	ultra	06:00:00	74,509
126	04	24.05.2008	LANZAROTE	ironman	03:37:44	42,195
127	05	22.06.2008	NIZZA	ironman	03:28:46	42,195
128	06	13.07.2008	KLAGENFURT	ironman	03:25:20	42,195
129	07	02.08.2008	VIENNAMAN	ironman	03:24:19	42,195
130	08	05.10.2008	ELBAMAN	ironman	03:45:57	42,195
131	09	26.10.2008	SANREMO 50 KM CAMP. ITA	ultra	03:25:44	50,000
132	10	08.11.2008	ULTRAMARATONA ETRUSCHI	ultra	08:49:55	100,000
133	11	23.11.2008	MILANO	maratona	02:47:54	42,195
134	12	06.12.2008	RONCOLA DI TREVIOLO (BG)	maratona	02:55:43	42,195
135	13	07.12.2008	SANREMO (IM)	maratona	02:48:32	42,195
136	14	31.12.2008	CALDERARA DI RENO (BO)	maratona	02:46:57	42,195
137	01	06.01.2009	RONCOLA DI TREVIOLO (BG)	maratona	02:56:51	42,195
138	02	08.02.2009	VERONA	maratona	02:52:30	42,195
139	03	01.03.2009	PIACENZA	maratona	03:06:58	42,195
140	04	08.03.2009	STRASIMENO (58 KM)	ultra	04:27:29	58,000
141	05	22.03.2009	100 KM DELLA BRIANZA	ultra	08:39:39	100,000
142	06	23.05.2009	LANZAROTE	ironman	03:42:38	42,195
143	07	20.06.2009	MORAVIAMAN	ironman	03:39:34	42,195
144	08	05.07.2009	KLAGENFURT	ironman	03:29:53	42,195
145	09	02.08.2009	OSTSEEMAN	ironman	03:36:57	42,195
146	10	27.09.2009	ELBAMAN	ironman	03:33:17	42,195
147	11	17.10.2009	100 KM TORINO-ST.VINCENT	ultra	09:25:24	100,000
148	12	13.12.2009	REGGIO EMILIA	maratona	02:55:51	42,195
149	13	27.12.2009	CALDERARA DI RENO (BO)	maratona	02:48:49	42,195
150	01	06.01.2010	RONCOLA DI TREVIOLO (BG)	maratona	02:56:56	42,195
151	02	21.02.2010	VERONA	maratona	03:24:17	42,195
152	03	07.03.2010	STRASIMENO (58 KM)	ultra	04:32:25	58,000
153	04	21.03.2010	100 KM DI SEREGNO	ultra	08:33:59	100,000
154	05	22.05.2010	LANZAROTE	ironman	03:35:07	42,195
155	06	06.06.2010	HANNOVER	ironman	03:33:29	42,195
156	07	19.06.2010	100 KM DELLE ALPI	ultra	08:43:15	100,000
157	08	04.07.2010	KLAGENFURT	ironman	03:34:12	42,195
158	09	31.07.2010	100 KM RIMINI EXTREME	ultra	08:44:12	100,000
159	10	27.09.2010	ELBAMAN	ironman	03:28:31	42,195
160	11	10.10.2010	CARPI (MO)	maratona	02:51:12	42,195
161	12	14.11.2010	TORINO	maratona	02:55:37	42,195
162	13	28.11.2010	FIRENZE	maratona	02:53:48	42,195
163	14	01.12.2010	CALDERARA DI RENO (BO)	maratona	02:48:29	42,195
164	15	12.12.2010	REGGIO EMILIA	maratona	02:48:29	42,195
165	01	06.01.2011	RONCOLA DI TREVIOLO (BG)	maratona	02:55:07	42,195
166	02	16.01.2011	MARATONA DELLA PACE(48K)	ultra	03:26:35	48,000
167	03	20.02.2011	VERONA	maratona	02:50:33	42,195
168	04	06.03.2011	STRASIMENO (58 KM)	ultra	04:16:19	58,000
169	05	03.04.2011	100 KM DI SEREGNO	ultra	08:22:42	100,000
170	06	21.05.2011	LANZAROTE	ironman	03:26:16	42,195
171	07	21.05.2011	TRIATH. DU SUD	ironman	03:29:32	42,195
172	08	21.05.2011	KLAGENFURT	ironman	03:13:14	42,195
173	09	23.07.2011	100 KM RIMINI EXTREME	ultra	08:40:47	100,000
174	10	13.08.2011	ZELEZNAK.CZ	ironman	03:32:07	42,195
175	11	25.09.2011	ELBAMAN	ironman	03:29:28	42,195
176	12	09.10.2011	CARPI (MO)	maratona	02:50:44	42,195
177	13	06.11.2011	RAVENNA	maratona	02:53:29	42,195

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tot	n/anno	data	località	tipo	tempo	km
178	14	27.11.2011	FIRENZE	maratona	02:54:56	42,195
179	15	11.12.2011	REGGIO EMILIA	maratona	02:57:46	42,195
180	01	06.01.2012	CREVALCORE (BO)	maratona	03:04:50	42,195
181	02	11.03.2012	BRESCIA	maratona	02:57:03	42,195
182	03	25.03.2012	6 ore Parco Bartesaghi (SO)	ultra	06:00:00	75,341
183	04	14.04.2012	100 KM TORINO	ultra	08:48:05	100,000
184	05	19.05.2012	LANZAROTE	ironman	03:25:33	42,195
185	06	03.06.2012	TRIATH. DU SUD	ironman	03:13:15	42,195
186	07	09.06.2012	6 ore MILANO	ultra	06:00:00	70,607
187	08	01.07.2012	KLAGENFURT	ironman	03:24:27	42,195
188	09	11.08.2012	ZELEZNAK.CZ	ironman	03:31:00	42,195
189	10	30.09.2012	ELBAMAN	ironman	03:34:05	42,195
190	11	13.10.2012	IRONMAN WORLD CHAMPION.	ironman	03:38:52	42,195
191	12	25.11.2012	FIRENZE	maratona	02:57:32	42,195
192	13	09.12.2012	REGGIO EMILIA	maratona	02:58:41	42,195
193	14	31.12.2012	CALDERARA DI RENO (BO)	maratona	02:53:07	42,195
194	01	13.01.2013	MARATONA DELLA PACE(48K)	ultra	03:22:46	48,000
195	02	24.02.2013	FIDENZA (PR)	maratona	02:53:36	42,195
196	03	10.03.2013	BRESCIA	maratona	02:56:03	42,195
197	04	18.05.2013	LANZAROTE	ironman	03:31:41	42,195
198	05	25.05.2013	100 KM del PASSATORE	ultra	08:48:05	100,000
199	06	30.06.2013	KLAGENFURT	ironman	03:15:08	42,195
200	07	03.08.2013	SLOVAKMAN	ironman	03:36:57	42,195
201	08	24.08.2013	PODERSDORF	ironman	03:35:56	42,195
202	09	29.09.2013	ELBAMAN	ironman	03:29:28	42,195
203	10	12.10.2013	100 KM DELLE ALPI	ultra	09:03:53	100,000
204	11	17.11.2013	TORINO	maratona	02:56:15	42,195
205	12	08.12.2013	REGGIO EMILIA	maratona	02:54:34	42,195
206	13	31.12.2013	CALDERARA DI RENO (BO)	maratona	02:53:52	42,195
207	01	12.01.2014	MARATONA DELLA PACE (48K)	ultra	03:25:25	48,000
208	02	09.02.2014	SAN BENEDETTO D.T. (AP)	maratona	03:11:20	42,195
209	03	23.02.2014	SALSOMAGGIORE T. (PR)	maratona	02:52:41	42,195
210	04	09.03.2014	BRESCIA	maratona	02:54:46	42,195
211	05	30.03.2014	100 KM DI SEREGNO	ultra	08:32:54	100,000
212	06	17.05.2014	LANZAROTE	ironman	03:42:09	42,195
213	07	24.05.2014	100 KM del PASSATORE	ultra	09:04:02	100,000
214	08	14.06.2014	BALATONMAN	ironman	03:26:02	42,195
215	09	29.06.2014	KLAGENFURT	ironman	03:27:08	42,195
216	10	19.07.2014	100 KM ASOLO	ultra	12:14:33	100,000
217	11	16.08.2014	POLSKAMAN	ironman	03:48:17	42,195
218	12	28.09.2014	ELBAMAN	ironman	03:52:32	42,195
219	13	09.11.2014	RAVENNA	maratona	02:57:57	42,195
220	01	23.05.2015	LANZAROTE	ironman	03:48:00	42,195
221	02	14.06.2015	BALATONMAN	ironman	03:38:37	42,195
222	03	28.06.2015	KLAGENFURT	ironman	03:30:47	42,195
223	04	12.07.2015	CHALLENGE ROTH	ironman	03:30:13	42,195
224	05	02.08.2015	BERLIN XL TRIATHLON	ironman	03:53:40	42,195
225	06	27.09.2015	ELBAMAN	ironman	03:34:16	42,195
226	07	15.11.2015	VERONA	maratona	02:54:55	42,195
227	08	29.11.2015	TRINO (VC)	maratona	02:54:56	42,195
228	09	13.12.2015	REGGIO EMILIA	maratona	02:53:34	42,195
229	10	31.12.2015	CALDERARA DI RENO (BO)	maratona	02:55:17	42,195
230	01	28.02.2016	SALSOMAGGIORE T. (PR)	maratona	02:53:34	42,195
231	02	13.03.2016	BRESCIA	maratona	02:53:34	42,195
232	03	25.04.2016	LECCO - CASSANO (47 KM)	ultra	02:53:34	47,000
233	04	21.05.2016	LANZAROTE	ironman	02:53:34	42,195
234	05	28.05.2016	100 KM DEL PASSATORE	ultra	02:53:34	100,000
235	06	26.06.2016	KLAGENFURT	ironman	02:53:34	42,195
236	07	17.07.2016	ROTH	ironman	03:37:00	42,195

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tot	n/anno	data	località	tipo	tempo	km
237	08	06.08.2016	SLOVAKMAN	ironman	03:45:08	42,195
238	09	20.11.2016	VERONA	maratona	03:01:11	42,195

MARATONE

	DATA	LOCALITA'	TEMPO FINALE	POS.
1	11.10.96	CARPI (MO)	3 h. 18' 15 "	364°
2	29.03.98	PIACENZA	2 h. 57' 59"	77°
3	01.11.98	CALDERARA DI RENO (BO)	3 h. 05' 41"	53°
4	26.09.99	GENOVA	2 h. 56' 10"	24°
5	30.10.99	CALDERARA DI RENO (BO)	2 h. 56' 54"	54°
6	12.12.99	REGGIO EMILIA	2 h. 54' 25"	93°
7	13.02.00	SALSOMAGGIORE T. (PR)	2 h. 49' 43"	41°
8	05.03.00	PIACENZA	2 h. 49' 07"	24°
9	26.03.00	COMO	2 h. 50' 28"	36°
10	25.04.00	NOVI LIGURE (AL)	2 h. 50' 16"	15°
11	08.10.00	CESANO BOSCONI (MI)	2 h. 54' 41"	66°
12	29.10.00	CALDERARA DI RENO (BO)	2 h. 57' 43"	37°
13	12.11.00	TENERO (SUI)	2 h. 53' 20"	49°
14	03.12.00	MILANO	2 h. 52' 38"	206°
15	10.12.00	REGGIO EMILIA	2 h. 52' 42"	106°
16	31.12.00	ASSISI (PG)	2 h. 58' 32"	42°
17	11.02.01	GENOVA	2 h. 48' 47"	38°
18	25.02.01	SALSOMAGGIORE T. (PR)	2 h. 46' 38"	49°
19	04.03.01	PIACENZA	2 h. 48' 46"	36°
20	01.04.01	RUSSI (RA)	2 h. 48' 16"	35°
21	22.04.01	BERGAMO	2 h. 48' 18"	12°
22	21.10.01	ALESSANDRIA	2 h. 49' 50"	30°
23	28.10.01	CALDERARA DI RENO (BO)	2 h. 48' 06"	27°
24	11.11.01	TENERO (SUI)	2 h. 46' 33"	33°
25	02.12.01	MILANO	2 h. 47' 30"	208°
26	16.12.01	REGGIO EMILIA	2 h. 48' 07"	43°
27	31.12.01	CALDERARA DI RENO (BO)	2 h. 52' 15"	4°
28	24.02.02	SALSOMAGGIORE T. (PR)	3 h. 06' 10"	63°
29	03.03.02	PIACENZA	2 h. 48' 59"	22°
30	20.10.02	ALESSANDRIA	2 h. 47' 21"	24°
31	27.10.02	CALDERARA DI RENO (BO)	2 h. 46' 15"	19°
32	10.11.02	TENERO (SUI)	2 h. 47' 43"	20°
33	01.12.02	MILANO	2 h. 44' 34"	107°
34	15.12.02	REGGIO EMILIA	2 h. 43' 37"	50°
35	31.12.02	CALDERARA DI RENO (BO)	2 h. 47' 25"	5°
36	23.02.03	SALSOMAGGIORE T. (PR)	2 h. 41' 20"	20°
37	09.03.03	PIACENZA	2 h. 48' 18"	28°
38	19.10.03	ALESSANDRIA	2 h. 44' 47"	16°
39	02.11.03	CALDERARA DI RENO (BO)	2 h. 45' 40"	9°
40	09.11.03	TENERO (SUI)	2 h. 46' 12"	18°
41	30.11.03	MILANO	2 h. 44' 55"	165°
42	14.12.03	REGGIO EMILIA	2 h. 44' 02"	37°

43	31.12.03	CALDERARA DI RENO (BO)	2 h. 41' 44"	4°
44	22.02.04	GENOVA	2 h. 52' 09"	24°
45	29.02.04	SALSOMAGGIORE T. (PR)	2 h. 46' 11"	14°
46	17.10.04	ALESSANDRIA	2 h. 48' 45"	14°
47	27.02.05	SALSOMAGGIORE T. (PR)	2 h. 46' 55"	21°
48	23.10.05	ALESSANDRIA	2 h. 45' 01"	14°
49	06.11.05	CALDERARA DI RENO (BO)	2 h. 46' 03"	15°
50	13.11.05	TENERO (SUI)	2 h. 43' 57"	13°
51	04.12.05	MILANO	2 h. 45' 49"	102°
52	11.12.05	REGGIO EMILIA	2 h. 45' 37"	35°
53	26.02.06	SALSOMAGGIORE T. (PR)	2 h. 50' 28"	30°
54	12.11.06	TENERO (SUI)	2 h. 57' 07"	41°
55	10.12.06	REGGIO EMILIA	2 h. 46' 33"	62°
56	31.12.06	CALDERARA DI RENO (BO)	2 h. 45' 35"	4°
57	06.01.07	RONCOLA DI TREVIOLO (BG)	2 h. 48' 05"	7°
58	25.02.07	SALSOMAGGIORE T. (PR)	2 h. 43' 06"	19°
59	11.03.07	FERRARA	2 h. 47' 08"	13°
60	21.10.07	ALESSANDRIA	2 h. 51' 15"	17°
61	02.12.07	MILANO	2 h. 57' 22"	256°
62	31.12.07	CALDERARA DI RENO (BO)	2 h. 52' 08"	9°
63	06.12.08	RONCOLA DI TREVIOLO (BG)	2 h. 55' 43"	14°
64	24.02.08	SALSOMAGGIORE T. (PR)	2 h. 55' 58"	36°
65	16.03.08	LECCO	2 h. 49' 23"	10°
66	23.11.08	MILANO	2 h. 47' 54"	80°
67	07.12.08	SANREMO (IM)	2 h. 48' 32"	20°
68	31.12.08	CALDERARA DI RENO (BO)	2 h. 46' 57"	6°
69	06.01.09	RONCOLA DI TREVIOLO (BG)	2 h. 56' 51"	7°
70	08.02.09	VERONA	2 h. 52' 30"	29°
71	01.03.09	PIACENZA	3 h. 06' 58"	67°
72	13.12.09	REGGIO EMILIA	2 h. 55' 51"	129°
73	27.12.09	CALDERARA DI RENO (BO)	2 h. 48' 49"	10°
74	06.01.10	RONCOLA DI TREVIOLO (BG)	2 h. 56' 56"	13°
75	21.02.10	VERONA	3 h. 24' 17"	326°
76	10.10.10	CARPI (MO)	2 h. 51' 12"	55°
77	14.11.10	TORINO	2 h. 55' 37"	111°
78	28.11.10	FIRENZE	2 h. 53' 48"	204°
79	12.12.10	REGGIO EMILIA	2 h. 48' 29"	42°
80	01.12.10	CALDERARA DI RENO (BO)	2 h. 48' 29"	6°
81	06.01.11	RONCOLA DI TREVIOLO (BG)	2 h. 55' 07"	14°
82	20.02.11	VERONA	2 h. 50' 33"	44°
83	09.10.11	CARPI (MO)	2 h. 50' 44"	44°
84	06.11.11	RAVENNA	2 h. 53' 29"	22°
85	27.11.11	FIRENZE	2 h. 54' 56"	185°
86	11.12.11	REGGIO EMILIA	2 h. 57' 46"	160°
87	06.01.12	CREVALCORE (BO)	3 h. 04' 50"	14°
88	11.03.12	BRESCIA	2 h. 57' 03"	24°
89	25.11.12	FIRENZE	2 h. 57' 32"	255°

90	09.12.12	REGGIO EMILIA	2 h. 58' 41"	177°
91	31.12.12	CALDERARA DI RENO (BO)	2 h. 53' 07"	9°
92	24.02.13	FIDENZA (PR)	2 h. 53' 36"	7°
93	10.03.13	BRESCIA	2 h. 56' 03"	24°
94	17.11.13	TORINO	2 h. 56' 15"	183°
95	08.12.13	REGGIO EMILIA	2 h. 54' 34"	106°
96	31.12.13	CALDERARA DI RENO (BO)	2 h. 53' 52"	10°
97	09.02.14	SAN BENEDETTO DEL TR. (AP)	3 h. 11' 20"	3°
98	23.02.14	SALSOMAGGIORE T. (PR)	2 h. 52' 41"	20°
99	09.03.14	BRESCIA	2 h. 54' 46"	26°
100	09.11.14	RAVENNA	2 h. 57' 57"	39°
101	15.11.15	VERONA	2 h. 54' 55"	83°
102	29.11.15	TRINO (VC)	2 h. 54' 56"	12°
103	13.12.15	REGGIO EMILIA	2 h. 53' 34"	78°
104	31.12.15	CALDERARA DI RENO (BO)	2 h. 55' 17"	8°
105	28.02.16	SALSOMAGGIORE T. (PR)	2 h. 53' 34"	15°
106	13.03.16	BRESCIA	2 h. 53' 09"	28°
107	20.11.16	VERONA	3 h. 01' 11"	118°

ULTRAMARATONE

1	05.04.99	ROMANO DI L. (BG) (50 KM)	3 h. 37' 59"	-
2	11.06.00	LECCO - CASSANO (50 KM)	3 h. 22' 35 "	7°
3	10.06.01	LECCO - CASSANO (50 KM)	3 h. 13' 17 "	5°
4	07.10.01	BOLOGNA-SAVIGNO-ZOCCA	3 h. 55' 46"	8°
5	09.06.02	LECCO - CASSANO (50 KM)	3 h. 25'	5°
6	06.10.02	BOLOGNA-SAVIGNO-ZOCCA	3 h. 30' 32"	7°
7	08.06.03	LECCO - CASSANO (50 KM)	3 h. 16' 10 "	4°
8	05.10.03	BOLOGNA-SAVIGNO-ZOCCA	3 h. 33' 27"	12°
9	13.06.04	LECCO - CASSANO (50 KM)	3 h. 14' 49 "	7°
10	03.10.04	BOLOGNA-SAVIGNO-ZOCCA	3 h. 31' 52"	4°
11	10.11.07	ULTRAMARATONA ETRUSCHI	9 h. 45' 14"	35°
12	19.04.08	5^ 6 ore BERGAMASCA	KM. 74,509	5°
13	26.10.08	SANREMO 50 KM CAMP. ITA	3 h. 25' 44"	1°
14	08.11.08	ULTRAMARATONA ETRUSCHI	8 h. 49' 55"	26°
15	08.03.09	STRASIMENO (58 KM)	4 h. 27' 29"	17°
16	22.03.09	100 KM DELLA BRIANZA	8 h. 39' 39"	18°
17	17.10.09	100 KM TORINO-ST.VINCENT	9 h. 25' 24"	11°
18	07.03.10	STRASIMENO (58 KM)	4 h. 32' 25"	30°
19	21.03.10	100 KM DI SEREGNO	8 h. 33' 59"	20°
20	19.06.10	100 KM DELLE ALPI	8 h. 43' 15"	1°
21	31.07.10	100 KM RIMINI EXTREME	8 h. 44' 12"	7°
22	16.01.11	MARATONA DELLA PACE (48K)	3 h. 26' 35"	10°
23	06.03.11	STRASIMENO (58 KM)	4 h. 16' 19"	11°
24	03.04.11	100 KM DI SEREGNO	8 h. 22' 42"	12°
25	23.07.11	100 KM RIMINI EXTREME	8 h. 40' 47"	7°

26	25.03.12	6 ore PARCO BARTESAGHI (SO)	KM. 75,341	1°
27	14.04.12	100 KM TORINO	8 h. 48' 05"	2°
28	09.06.12	6 ore MILANO	KM. 70,607	3°
29	13.01.13	MARATONA DELLA PACE (48K)	3 h. 22' 46"	10°
30	25.05.13	100 KM DEL PASSATORE	8 h. 48' 35"	30°
31	12.10.13	100 KM DELLE ALPI	9 h. 03' 53"	8°
32	12.01.14	MARATONA DELLA PACE (48K)	3 h. 25' 25"	5°
33	30.03.14	100 KM DI SEREGNO	8 h. 32' 54"	11°
34	24.05.14	100 KM DEL PASSATORE	9 h. 04' 02"	53°
35	19.07.14	100 KM ASOLO	12 h. 14' 33"	17°
36	25.04.16	LECCO - CASSANO (47 KM)	3 h. 15' 52 "	3°
37	28.05.16	100 KM DEL PASSATORE	10 h. 15' 46"	107°

IRONMAN

	DATA	LOCALITA'	NUOTO	BICI	CORSA	TOTALE	POS.
1	23.05.98	LANZAROTE	01:31:39	06:56:06	04:13:46	12:41:31	332°
2	03.01.00	KLAGENFURT	01:23:06	05:35:37	04:02:11	11:11:29	57°
3	06.09.98	MERGOZZO	01:27:53	05:14:26	03:52:12	10:34:31	21°
4	22.05.99	LANZAROTE	01:49:47	07:06:16	04:22:13	13:18:16	369°
5	18.07.99	KLAGENFURT	01:22:49	05:20:06	03:56:05	10:50:50	386°
6	08.08.99	LINZ	01:27:20	05:35:08	03:58:34	11:08:57	34°
7	29.08.99	MERGOZZO	01:20:18	05:11:07	03:32:28	10:03:53	13°
8	10.10.99	IBIZA	01:20:45	06:00:20	04:05:14	11:26:19	58°
9	20.05.00	LANZAROTE	01:25:42	06:10:08	04:05:19	11:54:28	211°
10	09.07.00	ROTH	01:21:26	05:29:51	04:18:59	11:24:43	1209°
11	23.07.00	KLAGENFURT	01:12:28	05:10:42	03:53:44	10:26:59	285°
12	06.08.00	ZURIGO	01:14:40	05:27:45	03:50:17	10:49:03	418°
13	03.09.00	MERGOZZO	01:17:26	05:03:35	03:54:31	10:23:33	13°
14	26.05.01	LANZAROTE	01:16:37	06:15:16	03:44:11	11:31:24	145°
15	08.07.01	ROTH	01:17:18	05:27:33	03:56:25	10:54:10	819°
16	15.07.01	KLAGENFURT	01:11:44	06:00:20	03:41:31	11:06:42	421°
17	05.08.01	ZURIGO	01:16:30	05:36:23	03:33:23	10:34:05	223°
18	25.05.02	LANZAROTE	01:09:27	06:21:29	03:41:37	11:28:42	207°
19	22.06.02	GERARDMER	01:13:03	06:00:22	03:49:19	11:14:47	117°
20	23.07.02	KLAGENFURT	01:12:46	05:11:40	03:30:36	10:06:45	275°
21	05.08.02	ZURIGO	01:28:30	05:39:55	03:44:42	11:06:32	251°
22	18.08.02	FRANCOFORTE	01:15:06	05:08:25	03:36:03	10:09:20	237°
23	17.05.03	LANZAROTE	01:20:12	06:11:43	03:34:29	11:18:11	133°
24	21.06.03	GERARDMER	01:14:55	05:53:57	03:33:11	10:49:52	152°
25	06.07.03	KLAGENFURT	01:14:29	05:10:54	03:16:34	9:56:07	244°
26	27.07.03	ZURIGO	01:16:12	05:35:43	03:33:19	10:36:01	246°
27	15.08.03	EMBRUN MAN	1.17.05*	07:47:30	03:40:22	12:56:55	278°
28	22.05.04	LANZAROTE	01:22:53	05:48:55	03:32:31	10:57:31	128°
29	27.06.04	GERARDMER	01:22:30	05:48:03	03:31:08	10:57:20	173°
30	04.07.04	KLAGENFURT	01:19:51	05:03:18	03:22:36	9:56:43	172°
31	25.07.04	ZURIGO	01:19:50	05:18:31	03:24:06	10:11:16	153°
32	21.08.04	eXtreme MAN	01:17:09	05:13:29	03:29:50	10:12:15	19°
33	21.05.05	LANZAROTE	01:23:06	06:15:11	03:44:08	11:36:25	142°
34	19.06.05	NIZZA	01:23:54	05:45:09	03:32:50	10:57:47	122°

35	03.07.05	ROTH	01:20:25	05:10:45	03:31:04	10:13:14	259°
36	21.07.05	ZURIGO	01:23:11	05:26:40	03:28:30	10:28:20	234°
37	04.09.05	BODENSEE-TRI	01:30:46	05:40:53	03:14:55	10:29:09	34°
38	02.10.05	ELBAMAN	01:36:08	05:53:43	3.18.54*	10:48:45	28°
39	20.05.06	LANZAROTE	01:24:57	06:27:51	03:38:07	11:43:40	256°
40	18.06.06	IRON SAPIN	01:41:49	06:38:13	03:53:56	12:13:59	32°
41	02.07.06	ZURIGO	01:25:59	05:25:35	03:38:00	10:39:26	347°
42	18.08.06	FRANCOFORTE	01:47:24	05:13:27	03:39:30	10:52:20	505°
43	10.09.06	BODENSEE-TRI	01:37:06	05:59:50	03:29:21	11:09:18	58°
44	01.10.06	ELBAMAN	01.03.47	06:06:29	07:48:48	15:09:06	90°
45	19.05.07	LANZAROTE	01:27:15	05:59:22	03:40:00	11:21:33	242°
46	24.06.07	ZURIGO	01:29:44	05:23:31	03:26:58	10:28:42	311°
47	08.07.07	KLAGENFURT	01:24:15	05:09:12	03:37:48	10:24:10	326°
48	09.09.07	BODENSEE-TRI	01:26:55	05:51:24	03:29:35	10:58:07	32°
49	30.09.07	ELBAMAN	01:32:11	06:22:17	03:31:31	11:35:19	39°
50	24.05.08	LANZAROTE	01:17:27	05:54:01	03:37:44	11:07:44	232°
51	22.06.08	NIZZA	01:19:57	05:23:53	03:28:46	10:27:59	155°
52	13.07.08	KLAGENFURT	01:20:22	05:00:48	03:25:20	10:01:40	366°
53	02.08.08	VIENNAMAN	01:21:14	05:18:29	03:24:19	10:11:43	8°
54	05.10.08	ELBAMAN	01:20:57	06:29:18	03:45:57	11:51:30	60°
55	23.05.09	LANZAROTE	01:31:20	06:24:55	03:42:38	12:04:11	472°
56	20.06.09	MORAVIAMAN	01:19:24	05:35:30	03:39:34	10:34:29	37°
57	05.07.09	KLAGENFURT	01:24:44	05:09:23	03:29:53	10:17:38	329°
58	02.08.09	OSTSEEMAN	01:20:40	05:29:09	03:36:57	10:26:46	96°
59	27.09.09	ELBAMAN	01:21:40	06:24:21	03:33:17	11:30:44	38°
60	22.05.10	LANZAROTE	01:19:17	05:51:21	03:35:07	11:03:33	263°
61	06.06.10	HANNOVER	01:25:38	05:16:59	03:33:29	10:16:07	3°
62	04.07.10	KLAGENFURT	01:22:00	05:03:50	03:34:12	10:14:56	319°
63	27.09.10	ELBAMAN	01:21:51	06:23:00	03:28:31	11:24:14	41°
64	21.05.11	LANZAROTE	01:18:29	05:53:39	03:26:16	10:54:50	189°
65	21.05.11	TRIATH. DU SUD	01:22:37	05:29:40	03:29:32	10:21:50	5°
66	21.05.11	KLAGENFURT	01:22:37	04:59:42	03:13:14	9:48:50	345°
67	13.08.11	ZELEZNAK.CZ	01:14:20	05:53:12	03:32:07	10:50:22	12°
68	25.09.11	ELBAMAN	01:20:07	06:20:45	03:29:28	11:20:41	18°
69	19.05.12	LANZAROTE	01:20:27	06:01:36	03:25:33	11:04:38	271°
70	21.05.11	TRIATH. DU SUD	01:26:15	05:37:32	03:13:15	10:17:03	5°
71	01.07.12	KLAGENFURT	01:45:45	05:10:02	03:24:27	10:35:06	256°
72	11.08.12	ZELEZNAK.CZ	01:27:01	05:53:28	03:31:00	11:03:05	11°

73	30.09.12	ELBAMAN	01:22:55	06:17:20	03:34:05	11:25:16	21°
74	13.10.12	IRONMAN W.CH.	01:27:01	05:27:00	03:38:52	10:57:57	904°
75	18.05.13	LANZAROTE	01:24:45	05:47:22	03:31:41	11:01:24	221°
76	30.06.13	KLAGENFURT	01:20:06	05:00:48	03:15:08	9:48:08	241°
77	03.08.13	SLOVAKMAN	01:26:59	05:14:28	03:36:57	10:24:26	23°
78	24.08.13	PODERSDORF	01:11:38	04:58:02	03:35:56	9:54:53	34°
79	29.09.13	ELBAMAN	01:36:40	06:22:26	03:29:28	11:41:59	12°
80	17.05.14	LANZAROTE	01:23:50	05:47:31	03:42:09	11:11:32	294°
81	14.06.14	BALATONMAN	01:25:37	05:24:05	03:26:02	10:26:40	5°
82	29.06.14	KLAGENFURT	01:19:19	05:01:50	03:27:08	10:02:02	363°
83	16.08.14	POLSKAMAN	01:27:59	04:58:09	03:48:17	10:26:50	9°
84	28.09.14	ELBAMAN	01:24:53	06:15:25	03:52:32	11:45:18	20°
85	23.05.15	LANZAROTE	01:27:11	06:14:12	03:48:00	11:51:24	331°
86	14.06.15	BALATONMAN	01:56:37	05:40:39	03:38:37	11:26:45	3°
87	28.06.15	KLAGENFURT	01:27:38	05:14:20	03:30:47	10:27:08	444°
88	12.07.15	ROTH	01:26:04	05:13:53	03:30:13	10:21:54	336°
89	02.08.15	BERLINO	01:37:05	05:19:20	03:53:40	10:50:05	9°
90	27.09.15	ELBAMAN	01:26:24	06:34:30	03:34:16	11:43:08	22°
91	21.05.16	LANZAROTE	01:29:35	05:53:50	03:39:58	11:24:47	290°
92	26.06.16	KLAGENFURT	01:27:07	05:02:27	03:29:39	10:14:47	443°
93	17.07.16	ROTH	01:37:05	05:07:03	03:37:00	10:36:06	634°
94	06.08.16	SLOVAKMAN	01:23:35	05:19:50	03:45:08	10:38:42	33°

